

## Intervalos entre las pruebas del Borrador de la Liga Gallega 2025

| Mes          | O-Pie | Sprint | Mtbo | Raid | Trail-O | Otr::Relev/ Escolar |
|--------------|-------|--------|------|------|---------|---------------------|
| 4 Enero      |       |        |      |      |         |                     |
| 11           | 1     |        |      |      |         |                     |
| 18           |       |        |      |      |         |                     |
| 25           |       |        |      |      |         |                     |
| 1 Febrero    |       |        |      |      |         |                     |
| 8            |       |        |      |      |         |                     |
| 15           | 1     |        |      |      |         |                     |
| 22           |       |        |      |      |         |                     |
| 1 Marzo      |       |        |      |      |         |                     |
| 8            | 1     |        |      |      |         |                     |
| 15           |       |        |      |      |         |                     |
| 22           | 1     |        | 1    |      |         |                     |
| 29           |       |        |      |      |         |                     |
| 5 Abril      | 2     | 1      |      |      |         |                     |
| 12           |       |        |      | 1    |         |                     |
| 19           |       |        |      |      |         |                     |
| 26           |       |        |      |      |         |                     |
| 3 Mayo       |       |        |      |      |         |                     |
| 10           |       |        |      | 1    |         |                     |
| 17           |       |        |      |      |         | 1 Ceceo             |
| 24           | 2     | 1      |      |      |         |                     |
| 31           |       |        |      |      |         |                     |
| 7 Junio      |       |        | 2    |      |         |                     |
| 14           |       |        |      |      |         |                     |
| 21           |       |        |      |      |         | 1 Cesa              |
| 28           |       |        |      |      |         |                     |
| 5 Julio      |       |        |      |      |         |                     |
| 12           |       |        |      |      |         |                     |
| 19           |       |        |      |      |         |                     |
| 26           |       |        |      |      |         |                     |
| 2 Agosto     |       |        |      |      |         |                     |
| 9            |       |        |      |      |         |                     |
| 16           |       |        |      |      |         |                     |
| 23           |       |        |      |      |         |                     |
| 30           |       | 2      |      |      | 1       |                     |
| 6 Septiembre |       |        |      |      |         |                     |
| 13           |       |        |      |      |         |                     |
| 20           | 2     |        |      |      |         |                     |
| 27           |       |        |      |      |         |                     |
| 4 Octubre    |       |        | 1    |      |         |                     |
| 11           | 1     | 1      |      |      |         |                     |
| 18           |       |        |      |      |         |                     |
| 25           | 1     |        |      |      |         |                     |
| 1 Noviembre  |       |        |      |      |         |                     |
| 8            |       |        |      |      |         |                     |
| 15           |       |        |      |      |         |                     |
| 22           |       |        | 1    |      |         |                     |
| 29           |       |        |      |      |         |                     |
| 6 Diciembre  |       |        |      |      |         |                     |
| 13           |       |        |      |      |         | 1                   |
| 20           |       |        |      |      |         |                     |
| 27           |       |        |      |      |         |                     |

Seman Competición : 9

4

4

2

1

3